

Nursing Home Lifestyle Program – April 2026, Theme: “EASTER”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9.30-10.15 Individual visits 10.30-11.30 Celebrating March birthdays 11.30-12.00 Physio Session 1.00-2.30 Barnyard Buddies visiting (CC Grounds)	2 HOLY THURSDAY 9.30-10.15 Individual visits 10.30-11.30 Reminiscing 1.30-2.00 Exercise time 1.15-3.00 Easter afternoon Tea/ Easter Bunny visiting	3 GOOD FRIDAY PUBLIC HOLIDAY	4 EASTER SATURDAY 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
5 EASTER SUNDAY	6 EASTER MONDAY PUBLIC HOLIDAY	7 Mobile Library 9.30 -10.15 Individual visits 10.30-11.30 Men’s Group & exercise time 1.15-3.00 Bingo	8 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.15-3.00 Cognitive activity: Quiz time	9 9.30-10.15 Individual visits 10.30-11.30 Reminiscing 1.30-2.00 Exercise time 2.00-3.00 Knitting group	10 9.30-10.15 Individual visits 10.30-11.30 Sensory: Connetic Sand 1.15-3.00 Movie matinée	11 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
12 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	13 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.15-3.00 Making wreaths for Anzac Day	14 9.30-10.15 Individual visits 10.30-11.30 Men’s group & exercise time 1.30-2.30 Bingo	15 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.15-3.00 Beth’s Beauty Salon	16 9.30-10.15 Individual visits 9.30-12.30 Trip to WA Maritime Museum * 10.30-11.30 Reminiscing 1.30-2.00 Exercise time 2.00-3.00 Puzzles	17 9.30-10.15 Individual visits 10.30-11.30 Sensory: 1.15-3.00	18 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
19 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	20 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.15-3.00 Craft for Anzac Day	21 9.30- 10.15 Individual visits 10.30-11.30 Group games & exercise time 1.15-3.00 Bingo	22 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.15-3:00 Cognitive activity: Quiz	23 9.30-10.15 Individual visits 10.30-11.30 Reminiscing: 1.30-2.00 Exercise time 2.00-3.00 Flower arranging	24 9.30-10.15 Individual visits 10.00-10.30 Anzac Service (in church) 11.00-11.30 Aroma Therapy 1.15 -3.00 Happy hour	25 ANZAC DAY 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
26 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	27 ANZAC DAY PUBLIC HOLIDAY	28 9.30- 10.15 Individual visits 10.30-11.30 Group games & exercise time 1.15-3.00 Bingo	29 INTERNATIONAL DANCE DAY 9.30-10.15 Individual visits 10.30-11.30 Concert Rock’n’Rod 11.30-12.00 Physio Session 1.30-3.00 Beth’s Beauty Salon	30 9.30-10.15 Individual visits 10.30-11.30 Reminiscing: 1.30-2.00 Exercise time 2.00-3.00 Crocheting group		* Outing to Fremantle to see “From Nonna with Love” (by invite only)

Casa Cabrini Ground Floor Lifestyle Program – April 2026, Theme: “Easter”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 9.30-10.00 Individual visits 10.30 -11.30 Celebrating March birthdays (lounge area) 1.00-2.30 Barnyard Buddies visiting</p>	<p>2 HOLY THURSDAY 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Cognitive games 1.15-3.00 Easter afternoon Tea/ Easter Bunny visiting</p>	<p>3 GOOD FRIDAY PUBLIC HOLIDAY</p>
<p>6 EASTER MONDAY PUBLIC HOLIDAY</p>	<p>7 Mobile Library 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Cooking /Shopping outing</p>	<p>8 9.30-10.00 Individual visits 10.30 -11.30 Physical activity session 1.15-3.00 Activities with wool</p>	<p>9 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Cognitive games (lounge area) 1.15-3.00 Day Spa/pamper session</p>	<p>10 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 1.15-3.00 Bingo</p>
<p>13 9.30-10.00 Individual visits 10.30-11.30 Seated exercises 1.15-3.00 Bingo</p>	<p>14 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.30-2.30 Craft</p>	<p>15 9.30-10.00 Individual visits 10.30-11.30 Physical activity session 1.15-3.00 Bocce</p>	<p>16 9.30-10.00 Individual visits 9.30 11.00-11.30 Physio session 9.30-12.30 Trip to WA Maritime Museum * 1.15-3.00 Day Spa/pamper session</p>	<p>17 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 1.15-3.00 Bingo</p>
<p>20 9.30-10.00 Individual visits 10.30-11.30 Seated exercises 1.15-3.00 Bingo</p>	<p>21 9.30-10.00 Individual visits 10.30- 11.30 Floor games 1.15-3.00 Cooking/ Shopping outing</p>	<p>22 9.30-10.00 Individual visits 10.30-11.30 Physical activity session 1.15-3.00 Making wreathe for Anzac Day</p>	<p>23 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Cognitive games (lounge area) 11.30-2.30 1.15-3.00 Day Spa/pamper session</p>	<p>24 9.30-10.00 Individual visits 10.00-10.30 Anzac Service (in church) 11.00-11.30 Social group 1.15 -3.00 Happy hour</p>
<p>27 ANZAC DAY PUBLIC HOLIDAY</p>	<p>28 9.30-10.00 Individual visits 10.30- 11.30 Floor games 1.15-3.00 Craft</p>	<p>29 INTERNATIONAL DANCE DAY 9.30-10.00 Individual visits 10.30-11.30 Concert: Rock’n’Rod (NH) 1.30-3.00 Bocce</p>	<p>30 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Cognitive games (lounge area) 1.15-3.00 Day Spa/pamper session</p>	<p>*Outing to Fremantle to see “From Nonna with Love” (by invite only)</p>

Casa Cabrini Level 1 Lifestyle Program – April 2026, Theme: “Easter”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9.30-10.00 Individual visits 10.30- 11.30 Celebrating March birthdays 1.15-3.00 Barnyard Buddies visiting	2 HOLY THURSDAY 9.30-10.00 Individual Visits 10.30-11.30 Floor games/walking group 1.15-3.00 Easter afternoon Tea/ Easter Bunny visiting	3 GOOD FRIDAY PUBLIC HOLIDAY	4 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support
5 EASTER SUNDAY	6 EASTER MONDAY PUBLIC HOLIDAY	7 Mobile Library 9.30-10.00 Individual visits 10.30-11.30 Physical games 1.15-3.00 Craft for Anzac Day	8 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Melodies from yesteryear	9 9.30-10.00 Individual visits rooms 10.30-11.30 Floor games/walking group 1.15-3.00 Bingo	10 9.30-10.00 Individual visits 10.30-11.30 Day Spa 1.15-3.00 Picture bingo	11 10.15-11.15 Bocce (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Individual support
12 10.15-11.45 Table/floor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo	13 9.30-10.00 Individual visits 10.30 - 11.30 Floor Games 11.00-11.30 Exercise with Physio 1.15-3.00 Bingo	14 9.30-10.00 Individual visits 10.30-11.30 Physical games 1.15-2.30 Beth’s Beauty Salon/ Shopping outing	15 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Individual visits	16 9.30-10.00 Individual visits 9.30-12.30 Trip to WA Maritime Museum * 10.30-11.30 Walking group/floor games 1.15-3.00 Bingo	17 9.30-10.00 Individual visits 10.30-11.30 Craft for Anzac Day 1.15-3.00 Day Spa	18 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support
19 10.15-11.45 Table/floor games (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Bingo	20 9.30-10.00 Individual visits 10.30 - 11.30 Floor games 11.00-11.30 Exercise with Physio 1.15-3.00 Bingo	21 9.30-10.00 Individual visits 10.30- 11.30 Physical games 1.15-3.00 Craft- jewellery making	22 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Anzac movie	23 9.30-10.00 Individual visits 10.30-11.30 Walking group/floor games 1.15-3.00 Bingo	24 9.30-10.00 Individual visits 10.00-10.30 Anzac Service (in church) 11.00-11.30 Social group 1.15-3.00 Happy hour	25 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support
26 10.15-11.45 Table/floor games (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Bingo	27 ANZAC DAY PUBLIC HOLIDAY	28 9.30-10.00 Individual visits 10.30 - 11.30 Physical games 1.15-3.00 Beth’s Beauty Salon/ Shopping outing	29 INTERNATIONAL DANCE DAY 9.30-10.00 Individual visits 10.30-11.30 Concert: Rock’n’Rod (NH) 1.30-3.00 Day Spa	30 9.30-10.00 Individual visits 10.30-11.30 Walking group/floor games 1.15-3.00 Bingo		<i>*Outing to Fremantle to see “From Nonna with Love” (by invitation only)</i>

Casa Cabrini Level 2 Lifestyle Program –April 2026, Theme: “Easter”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 9.30-10.00 Individual visits 10.30-11.30 Celebrating March birthdays 1.00-2.30 Barnyard Buddies visiting	2 HOLY THURSDAY 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Easter afternoon Tea/ Easter Bunny visiting	3 GOOD FRIDAY PUBLIC HOLIDAY
6 EASTER MONDAY PUBLIC HOLIDAY	7 Mobile Library 9.30-10.00 Individual visits 10.30-11.30 Balloon ball exercise 11.00-11.30 Exercise session with Physio 1.15-3.00 Quiz Time	8 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Craft	9 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Pamper Plus	10 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Bingo
13 9.30-10.00 Individual visits 10.30-11.30 Seated dancing 1.15-3.00 Bingo	14 9.30-10.00 Individual visits 10.30-11.30 Balloon ball game 11.00-11.30 Exercise session with Physio 11.00-11.30 <i>Prep for resident's shopping outing</i> 1.30-3.00 Shopping outing	15 9.30-10.00 Individual visits 10.00-11.30 Bocce 1.15-3.00 Craft	16 9.30-10.00 Individual visits 9.30-12.30 Trip to WA Maritime Museum * 10.30-11.30 Floor games 1.15-3.00 Cooking sausage rolls	17 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Bingo
20 9.30-10.00 Individual visits 10.30-11.30 Cultural Club 1.15-3.00 Bingo	21 9.30-10.00 Individual visits 10.30-11.30 Balloon ball game 11.00-11.30 Exercise session with Physio 1.15-3.00 Quiz Time	22 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Craft	23 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Painting	24 9.30-10.00 Individual visits 10.00-10.30 Anzac Service (in church) 11.1130 Social group 1.15-3.00 Happy hour
27 ANZAC DAY PUBLIC HOLIDAY	28 9.30-10.00 Individual visits 10.30-11.30 Balloon ball game 11.00-11.30 Exercise session with Physio 11.00-11.30 <i>Prep for resident's shopping outing</i> 1.15-3.00 Shopping outing	29 INTERNATIONAL DANCE DAY 9.30-10.00 Individual visits 10.30-11.30 Concert: Rock'n'Rod (NH) 1.30-3.00 Scattagories	30 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Pamper Plus	*Outing to Fremantle to see “From Nonna with Love” (by invite only)

House's Lifestyle Program – April 2026, Theme: “Easter”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Celebrating March birthdays 1.15-3.00 Barnyard Buddies visiting	2 HOLY THURSDAY 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.30-3.00 Easter afternoon Tea/ Easter Bunny visiting	3 GOOD FRIDAY PUBLIC HOLIDAY
6 EASTER MONDAY PUBLIC HOLIDAY	7 Mobile Library 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Shopping outing	8 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.15-3.00 Craft	9 9.30-10.00 Individual visits 10.30-11.30 Dance with Me 1.15-3.00 Bingo	10 9.30-10.00 Individual visits 10.30-11.30 Seated dancing 1.15-3.00 Paint & Sip
13 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.15-3.00 Pamper Plus	14 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.30-2.30 Armchair Travel: Rome	15 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.15-3.00 Craft	16 9.30-10.00 Individual visits 9.30-12.30 Trip to WA Maritime Museum * 1.15-3.00 Movie Matinée	17 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Cultural Club
20 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.15-3.00 Pamper Plus	21 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Shopping outing	22 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.15-3.00 Bocce	23 9.30-10.00 Individual visits 10.30-11.30 Dance with Me 1.15-3.00 Bingo	24 9.30-10.00 Individual visits 10.00-10.30 Anzac Service (in church) 1.15-3.00 Happy hour
27 ANZAC DAY PUBLIC HOLIDAY	28 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.30-2.30 Cooking: Fried Rice	29 INTERNATIONAL DANCE DAY 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Concert: Rock'n'Rod (NH) 1.15-3.00 Craft	30 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Craft: Birthday Cards	*Outing to Fremantle to see “From Nonna with Love” (by invite only)

Connie's Wing Lifestyle Program – April 2026, Theme: “Easter”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Celebrating March birthdays 1.15-3.00 Barnyard Buddies visiting	2 HOLY THURSDAY 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Floor games 1.15-3.00 Easter afternoon Tea/ Easter Bunny visiting	3 GOOD FRIDAY PUBLIC HOLIDAY	4 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
5 EASTER SUNDAY	6 EASTER MONDAY PUBLIC HOLIDAY	7 Mobile Library 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.15-3.00 Home duties 2.30-3.00 Exercises with Physio	8 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Move to music 1.15-3.00 Table games	9 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Bowling 1.15-3.00 Reminiscing: Doll bathing (<i>prep for doll therapy</i>)	10 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Day spa 1.15-3.00 Cognitive games	11 9.30-10.00 Individual visits 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
12 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory	13 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Outdoor social session 1.15- 3.00 Day Spa	14 9.30-10.00 Individuals 10.00 -10.30 Morning Tea 10.30-11.30 Bingo 1.30-2.30 2.30-3.00 Exercises with Physio	15 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Balloon ball 1.15-3.00 Mix & match puzzles	16 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Floor games 1.15-3.00 Reminiscing: 1960s music	17 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Day spa 1.15-3.00 Table games	18 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
19 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory session	20 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Indoor games 1.15-3.00 Day Spa	21 9.30-10.00 Individuals 10.00-10.30 Morning tea 10.30-11.30 Bingo 1.15-3.00 Home duties 2.30-3.00 Exercises with Physio	22 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Floor games 1.15-3.00 Sip & paint	23 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Balloon ball 1.15-3.00 Sensory sounds: International instruments	24 9.30-10.00 Individual visits 10.00-10.30 Morning tea Anzac Service (in church) 10.30-11.30 Day spa/ 1.15-3.00 Happy Hour	25 ANZAC DAY 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
26 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory session	27 ANZAC DAY PUBLIC HOLIDAY	28 9.30-10.00 Individuals 10.00-10.30 Morning tea 10.30-11.30 Bingo 1.15-3.00 Home duties 2.30-3.00 Exercises with Physio	29 INTERNATIONAL DANCE DAY 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Concert: Rock'n'Rod (NH) 1.15-3.00 International music	30 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Floor games 1.15-3.00 Sensory vision: Family photos		