

Nursing Home Lifestyle Program – January 2026, Theme: “Australia”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 New Year’s Day Public Holiday	2 9.30-10.15 Individual visits 10.30-11.30 Sensory: Taste “magic tea” 1.15-3.00 Celebrating December birthdays	3 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
4 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	5 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.15-3.00 Paint & Sip	6 Epiphany Mr. Steven’s 102nd birthday 9.30 -10.15 Individual visits 10.30-11.30 Removing Christmas decorations 1.15-3.00 Removing Christmas decorations	7 9.30-10.15 Individual visits 10.30-11.30 Physical games 1.15-3.00 Beth’s Beauty Salon	8 Elvis’s Birthday 9.30-10.15 Individual visits 10.30-11.30 Concert by “Memory Lane” 1.15-3.00 Home duties	9 9.30-10.15 Individual visits 10.30-11.30 Sensory: 1.15-3.00 Scattagories	10 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
11 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	12 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.15-3.00 Craft for Valentine’s Day	13 Mobile Library 9.30-10.15 Individual visits 10.30-11.30 Men’s group 1.15-3.00 Bingo	14 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.15-3.00 Beth’s Beauty Salon	15 9.30-10.15 Individual visits 10.30-11.30 Reminiscing: “My funny memories” Lunch outing to Kingsway Tavern (invite only) 1.15-3.00 Home duties	16 9.30-10.15 Individual visits 10.30-11.30 Sensory: Aromatherapy 1.15-3.00 Movie Matinée	17 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
18 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	19 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.15-3.00 Paint & Sip (Australian theme)	20 9.30- 10.15 Individual visits 10.30-11.30 Group games 1.15-3.00 Bingo	21 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.15-3:00 Beth’s Beauty Salon	22 9.30-10.15 Individual visits 10.30-11.30 Reminiscing: “Australia in the 60s & 70s 1.15-3.00 Home duties & movie	23 9.30-10.15 Individual visits 10.30-11.30 Sensory: 12.00 BBQ & gelato for Australia Day Celebration (CC Grounds) 1.15-3.00 Individuals	24 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
25 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	26 Australia Day Public Holiday	27 9.30 -10.15 Individual visits 10.30-11.30 Group games 1.15-3.00 Bingo	28 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.15-3:00 Beth’s Beauty Salon	29 9.30-10.15 Individual visits 10.30-11.30 Reminiscing 1.15-3.00 Home duties Scenic drive	30 9.30-10.15 Individual visits 10.30-11.30 Sensory: Flower arranging 1.15-3.00 Happy Hour	31 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo

Casa Cabrini Ground Floor Lifestyle Program – January 2026, Theme: “Australia”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 New Year’s Day Public Holiday	2 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 1.15-3.00 Celebrating December Birthdays
5 9.30-10.00 Individual visits 10.30-11.30 Floor Games 1.15-2.15 Bingo	6 Epiphany 9.30-10.00 Individual visits 10.30-11.30 Removing Christmas Decorations 1.15-3.00 Removing Christmas Decorations	7 9.30-10.00 Individual visits 10.30 -11.30 Physical activity session 1.15-3.00 Bocce	8 Elvis’s Birthday 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Concert: “Memory Lane” (NH) 1.15-3.00 Day Spa/pamper session	9 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 1.15-3.00 Bingo
12 9.30-10.00 Individual visits 10.30-11.30 Floor Games 1.15-3.00 Bingo	13 Mobile Library 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Baking biscuits	14 9.30-10.00 Individual visits 10.30-11.30 Physical activity session 1.15-3.00 Shuffleboard	15 9.30-10.00 Individual visits 11.00-11.30 Physio session 11.30 Lunch at “Kingsway Bar & Bistro” (by invitation) 10.30-11.30 Bean Bag Toss 1.15-3.00 Day Spa/pamper session	16 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 1.15-3.00 Bingo
19 9.30-10.00 Individual visits 10.30-11.30 Floor Games 1.15-3.00 Bingo	20 9.30-10.00 Individual visits 10.30- 11.30 Floor games 1.15-3.00 Craft: Australia Day Shopping outing	21 9.30-10.00 Individual visits 10.30-11.30 Physical activity session 1.15-3.00 Outdoor games (weather permitting)	22 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Bean Bag Toss 1.15-3.00 Day Spa/pamper session	23 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 12.00 BBQ & gelato for Australia Day Celebration (CC Grounds) 1.15-3.00 Individuals
26 Australia Day Public Holiday	27 9.30-10.00 Individual visits 10.30- 11.30 Floor games 1.15-3.00 Craft: Jewellery making	28 9.30-10.00 Individual visits 10.30-11.30 Physical activity session 1.15-3.00 Craft: Valentine Day	29 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Bean Bag Toss 1.15-3.00 Day Spa/pamper session	30 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 1.15-3.00 Happy Hour

Casa Cabrini Level 1 Lifestyle Program – January 2026, Theme: “Australia”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 New Year's Day Public Holiday	2 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Celebrating December Birthdays	3 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support
4 10.30 -11.30 Table/floor games (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Bingo	5 9.30-10.00 Individual visits 10.30 - 11.30 Floor games 1.15-3.00 Bingo	6 Epiphany 9.30-10.00 Individual visits 10.30-11.30 Removing Christmas Decorations 1.15-3.00 Removal of Christmas Decorations	7 9.30-10.00 Individual visits 10.30 - 11.30 Music time “Elvis” 1.15-3.00 Outdoor social group	8 Elvis's Birthday 9.30-10.00 Individual visits rooms 10.30-11.30 Concert: “Memory Lane” (NH) 1.15-3.00 Bingo	9 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Day Spa	10 10.15-11.15 Bocce (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Individual support
11 10.15-11.45 Table/floor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo	12 9.30-10.00 Individual visits 10.30 - 11.30 Floor Games 11.00-11.30 Exercise with Physio 1.15-3.00 Bingo	13 Mobile Library 9.30-10.00 Individual visits 10.30-11.30 Physical games 1.15-3.00 Beth's Beauty Salon	14 9.30-10.00 Individual visits 10.30-11.30 Making lamingtons 1.15-3.00 Social Club	15 9.30-10.00 Individual visits 10.30-11.30 Walking group/floor games Lunch at “Kingsway Bar & Bistro” (by invitation) 1.15-3.00 Bingo	16 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Day Spa	17 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support
18 10.15-11.45 Table/floor games (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Bingo	19 9.30-10.00 Individual visits 10.30 - 11.30 Floor games 11.00-11.30 Exercise with Physio 1.15-3.00 Bingo	20 9.30-10.00 Individual visits 10.30- 11.30 Table games 1.15-3.00 Beth's Beauty Salon/ Shopping outing	21 9.30-10.00 Individual visits 10.30-11.30 Craft: Australia Day 1.15-3.00 Home duties: Folding linen	22 9.30-10.00 Individual visits 10.30-11.30 Walking group/floor games 1.15-3.00 Bingo	23 9.30-10.00 Individual visits 10.30-11.30 Bocce 12.00 BBQ & Gelato for Australia Day (CC Grounds) 1.15-3.00 Individuals	24 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support
25 10.15-11.45 Table/floor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo	26 Australia Day Public Holiday	27 9.30-10.00 Individual visits 10.30-11.30 Physical games 1.15-3.00 Beth's Beauty Salon	28 9.30-10.00 Individual visits 10.30-11.30 Garden walk 1.15-3.00 Reminiscing: Past holidays	29 9.30-10.00 Individual visits 10.30-11.30 Walking group/floor games 1.15-3.00 Bingo/ Scenic Drive	30 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Happy Hour	31 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support

Casa Cabrini Level 2 Lifestyle Program –January 2026, Theme: “Australia”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 New Year's Day Public Holiday	2 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Celebrating December birthdays
5 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Watching Short movie followed by review	6 Epiphany Mrs Di Luca's 101st birthday 9.30-10.00 Individual visits 10.30-11.30 Removing Christmas Decorations 1.15-3.00 Removing Christmas Decorations	7 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Scattagories	8 Elvis's Birthday 9.30-10.00 Individual visits 10.30-11.30 Concert: “Memory Lane” (NH) 1.15-3.00 Pamper plus	9 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Bingo
12 9.30-10.00 Individual visits 10.30-11.30 Australian quiz 1.15-3.00 Bingo	13 Mobile Library 9.30-10.00 Individual visits 10.30-11.30 Balloon ball game 11.00-11.30 Exercise session with Physio 1.15-3.00 Cognitive games	14 9.30-10.00 Individual visits 10.00-11.30 Physical activities 1.15-3.00 Family Feud	15 9.30-10.00 Individual visits 10.30-11.30 Floor games Lunch at “Kingsway Bar & Bistro” (by invitation) 1.15-3.00 Cooking: Spring rolls	16 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Bingo
19 9.30-10.00 Individual visits 10.30-11.30 Craft: Australia Day 1.15-3.00 Bingo	20 9.30-10.00 Individual visits 10.30-11.30 11.00-11.30 Exercise session with Physio 1.15-3.00 Shopping	21 9.30-10.00 Individual visits 10.30-11.30 Physical activities 1.15-3.00 Music social group	22 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Pamper plus	23 9.30-10.00 Individual visits 10.30-11.30 Bingo 12.00 BBQ & gelato for Australia Day Celebration (CC Grounds) 1.15-3.00 Individuals
26 Australia Day Public Holiday	27 9.30-10.00 Individual visits 10.30-11.30 Balloon Ball Game 11.00-11.30 Exercise session with Physio 1.15-3.00 Cognitive games	28 9.30-10.00 Individual visits 10.30-11.30 Physical activities 1.15-3.00 Individuals	29 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Art & craft	30 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Happy Hour

House's Lifestyle Program – January 2026, Theme: “Australia”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 New Year's Day Public Holiday	2 9.30-10.00 Individual visits 10.30-11.30 Seated dancing 1.15-3.00 Celebrating December Birthdays
5 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.15-3.00 Pamper Plus	6 Epiphany 9.30-10.00 Individual visits 10.30-11.30 Removing Christmas Decorations 1.15-3.00 Removing Christmas Decorations	7 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.15-3.00 Cooking crepes	8 Elvis's Birthday 9.30-10.00 Individual visits 10.30-11.30 Concert: “Memory Lane” (NH) 1.15-3.00 Bingo	9 9.30-10.00 Individual visits 10.30-11.30 Seated dancing 1.15-3.00 Cooking with Melania (pancakes)
12 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.15-3.00 Pamper Plus	13 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Shopping outing	14 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.15-3.00 Craft: Australia Day	15 9.30-10.00 Individual visits 11.30 Lunch at “Kingsway Bar & Bistro” (by invitation)	16 9.30-10.00 Individual visits 10.30-11.30 Chair Yoga 1.15-3.00 Cultural Club
19 9.30-10.00 Individual visits 10.30-11.30 1.15-3.00 Pamper Plus	20 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Craft for Australia Day	21 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.15-3.00 Bocce	22 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Craft: Chinese New Year	23 9.30-10.00 Individual visits 10.30-11.30 Chair Yoga 12.00 BBQ & Gelato for Australia Day Celebration (CC Grounds) 1.15-3.00 Individuals
26 Australia Day Public Holiday	27 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Shopping outing	28 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.15-3.00 Craft: Jewellery making	29 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Craft: Valentine's Day	30 9.30-10.00 Individual visits 10.30-11.30 Chair Yoga 1.15-3.00 Happy Hour

John Re Lifestyle Program – January 2026, Theme: “Australia”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 New Year's Day Public Holiday	2 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Seated water polo 1.15-3.00 Celebrating December birthdays	3 10.00 Morning Tea 10.30-11.30 Indoor games/balloon pass 12.00 Meal assist 12:45-1:45 Sensory: Hand massage
4 10:00 Morning Tea 10:30-11:30 Balloon games 12.00 Meal assist 12:45-1:45 Day Spa	5 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Balloon games 1.15-3.00 Individual activities	6 Epiphany 9.30-10.00 Individual visits 10.00 -10.30 Morning Tea 10.45-11.45 Removal of Christmas Decorations 1.15-3.00 Removal of Christmas Decorations	7 9.30-10.00 Individual visits 10.00 10.30 Morning Tea 10.45-11.45 Physical activity/outdoor activity 1.15-3.00 Home duties: Folding linen	8 Elvis's Birthday 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Concert: "Memory Lane" (NH) 1.15-3.00 Reading for relaxation	9 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Seated water polo 1.15-3.00 Individual activities	10 10:00 Morning Tea 10:30-11:30 Hand ball 12.00 Meal assist 12:45-1:45 Floor games
11 10.00 Morning tea 10.30-11.30 Hand ball 12.00 Meal assist 12:45-1:45 Music & Dance	12 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Balloon games 1.15-3.00 Individual activities	13 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 indoor games 1.15-3.00 Day Spa 2.30-3.00 Exercises with Physio held in Connies Wing	14 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Outdoor games 1.15-3.00 Home duties: Washing dishes	15 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Physical activities 1.15-3.00 Reading for relaxation	16 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Ball Toss Game 1.15-3.00 Painting	17 10.00 Morning Tea 10.30-11.30 Seated soccer 12.00 Meal assist 12:45-1:45 Hand massage
18 10.00 Morning tea 10.30-11.30 12.00 Meal assist 12:45-1:45 Cognitive games	19 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Balloon games 1.15-3.00 Individual activities	20 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Indoor games 1.15-3.00 Day Spa 2.30-3.00 Exercises with Physio held in Connies Wing	21 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11-45 Physical activity/outdoor activity 1.15-3.00 Home duties: Making beds	22 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Physical activities 1.15-3.00 Reading for relaxation	23 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Ball Toss Game 12.00 BBQ & Gelato for Australia Day (CC Grounds) 1.15-3.00 Individuals	24 10:00 Morning Tea 10:30-11:30Hand ball 12.00 Meal assist 12:45-1:45 Sensory: Touch
25 10.00- Morning tea 10.30-11.30 Physical games 12.00 Meal assist 12:45-1:45 Reminiscing	26 Australia Day Public Holiday	27 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Indoor games 1.15-3.00 Day Spa 2.30-3.00 Exercises with Physio held in Connies Wing	28 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11-45 Physical activities/outdoor activity 1.15-3.00 Home duties: Sweeping/dusting	29 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Physical activities 1.15-3.00 Scenic drive	30 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Ball Toss Game 1.15-3.00 Happy Hour	31 10:00 Morning Tea 10:30-11:30Hand ball 12.00 Meal assist 12:45-1:45 Sensory: Touch

Connie's Wing Lifestyle Program – January 2026, Theme: “Australia”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 New Year's Day Public Holiday	2 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Day spa 1.15-3.00 Sing a long session	3 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
4 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory session	5 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.15-3.00 Day Spa	6 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.15-3.00 Home duties	7 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Balloon ball 1.15-3.00 Cognitive games	8 Elvis's Birthday 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Concert: "Memory Lane" (NH) 1.15-3.00 Sensory: Touch-textiles	9 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Day spa 1.15-3.00 Cultural music	10 9.30-10.00 Individual visits 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
11 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory	12 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.15- 3.00 Day Spa	13 9.30-10.00 Individuals 10.00 -10.30 Morning Tea 10.30-11.30 Bingo 1.15-3.00 Home duties 2.30-3.00 Exercises with Physio	14 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Move to music 1.15-3.00 Reminiscing "Good old Days"	15 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Bowling 1.15-3.00 Sensory: Sight-family photos	16 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Day spa 1.15-3.00 Balloon Ball	17 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
18 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory session	19 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.15-3.00 Day Spa	20 9.30-10.00 Individuals 10.00-10.30 Morning tea 10.30-11.30 Bingo 1.15-3.00 Home duties 2.30-3.00 Exercises with Physio	21 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Balloon ball game 1.15-3.00 Table games	22 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Bowling 1.15-3.00 Sensory: Smell the flowers	23 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Day spa 12.00 BBQ & Gelato for Australia Day (CC Grounds) 1.15-3.00 Art session	24 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
25 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory session	Australia Day Public Holiday	27 9.30-10.00 Individuals 10.00-10.30 morning tea 10.30-11.30 Bingo 1.15-3.00 Home duties 2.30-3.00 Exercises with Physio	28 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Moving to music 1.15-3.00 Sip & paint	29 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Bowling 1.15-3.00 Sensory: Hear the music- Scenic Drive	30 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Day spa 1.15-3.00 Craft for Valentine Day	31 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support

