

Nursing Home Lifestyle Program – February 2026, Theme: “Olympic Fever”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	2 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.15-3.00 Celebrating January birthdays	3 9.30 -10.15 Individual visits 10.30-11.30 Gardening 1.15-3.00 Bingo	4 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.15-3.00 Beth’s Beauty Salon	5 9.30-10.15 Individual visits 10.30-11.30 Reminiscing (Olympics) 1.15-2.00 Ball games 2.00-2.45 Physical games	6 Winter Olympics 6th -22nd 9.30-10.15 Individual visits 10.30-11.30 Cognitive activity 1.15-3.00 Family feud	7 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
8 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	9 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.15-3.00 Olympic Opening Ceremony (CC Grounds)	10 Mobile Library 9.30 -10.15 Individual visits 10.30-11.30 Craft 1.15-3.00 Bingo	11 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.15-3.00 Paint & Sip	12 9.30-10.15 Individual visits 10.30-11.30 Reminiscing (St Valentine) 1.15-2.00 Drumming to Music\ Scenic Drive 2.00-2.45 Physical games	13 9.30-10.15 Individual visits 10.30-11.30 Flower arranging 1.15-3.00 Valentine Day Afternoon Tea	14 St Valentine Day 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
15 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	16 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.15-3.00 knitting group	17 Shrove Tuesday Lunar New Year Year of the Horse 9.30-10.15 Individual visits 10.30-11.30 Men’s group 1.15-3.00 Making pancakes	18 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.15-3.00 Beth’s Beauty Salon	19 9.30-10.15 Individual visits 10.30-11.30 Reminiscing: Carnevale Traditions 1.15-3.00 Celebrating Carnevale	20 9.30-10.15 Individual visits 10.30-11.30 Sensory 1.15-3.00 Scattagories	21 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
22 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	23 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.15-3.00 Card making	24 9.30- 10.15 Individual visits 10.30-11.30 Group games 1.15-3.00 Bingo	25 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.15-3.00 Paint & Sip	26 9.30-10.15 Individual visits 10.30-11.30 Reminiscing: 1.15-2.00 Basketball 2.00-2.45 Physical games	27 9.30-10.15 Individual visits 10.30-11.30 Aroma Therapy 1.15-3.00 Happy Hour	28 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo

Casa Cabrini Ground Floor Lifestyle Program – February 2026, Theme: “Olympic Fever”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-2.15 Celebrating January Birthdays	3 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Painting (Olympics) Shopping	4 9.30-10.00 Individual visits 10.30 -11.30 Physical activity session 1.15-3.00 Valentine Day Craft	5 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Cognitive games 1.15-3.00 Day Spa/pamper session	6 Winter Olympics 6th -22nd 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 1.15-3.00 Bingo
9 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-2.15 Olympic Opening Ceremony (CC Grounds)	10 Mobile Library 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Valentine Day Craft	11 9.30-10.00 Individual visits 10.30 -11.30 Physical activity session 1.15-3.00 Bocce	12 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Cognitive games 1.15-3.00 Day Spa/pamper session	13 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Valentine Day Celebration
16 9.30-10.00 Individual visits 10.30-11.30 Seated exercises 1.15-3.00 Bingo	17 Shrove Tuesday Lunar New Year Year of the Horse 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Making pancakes	18 9.30-10.00 Individual visits 10.30-11.30 Physical activity session 1.15-3.00 Shuffleboard	19 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Cognitive games 1.15-3.00 Celebrating Carnevale (Nursing Home)	20 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 1.15-3.00 Bingo
23 9.30-10.00 Individual visits 10.30-11.30 Seated exercises 1.15-3.00 Bingo	24 9.30-10.00 Individual visits 10.30- 11.30 Floor games 1.15-3.00 Bocce	25 9.30-10.00 Individual visits 10.30-11.30 Physical activity session 1.15-3.00 Singing session	26 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Cognitive games 11.30-2.30 Lunch at the Kingsley Tavern (by invitation) 1.15-3.00 Day Spa/pamper session	27 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 1.15-3.00 Happy Hour

Casa Cabrini Level 1 Lifestyle Program – February 2026, Theme: “Olympic Fever”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10.30 -11.30 Table/floor games (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Bingo	2 9.30-10.00 Individual visits 10.30 - 11.30 Bingo 11.00-11.30 Exercise with Physio 1.15-3.00 Celebrating January Birthdays	3 9.30-10.00 Individual visits 10.30-11.30 Physical games 1.15-3.00 Paint Sip/ Shopping	4 9.30-10.00 Individual visits 10.30- 11.30 Craft 1.15-3.00 Movie time	5 9.30-10.00 Individual visits 10.30-11.30 Floor games/walking group 1.15-3.00 Bingo	6 Winter Olympics 6th - 22nd 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Day Spa	7 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support
8 10.30 -11.30 Table/floor games (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Bingo	9 9.30-10.00 Individual visits 10.30 - 11.30 Bingo 11.00-11.30 Exercise with Physio 1.15-3.00 Olympic Opening Ceremony (CC Grounds)	10 Mobile Library 9.30-10.00 Individual visits 10.30-11.30 Table games 1.15-3.00 Knitting group	11 9.30-10.00 Individual visits 10.30-11.30 Craft 1.15-3.00 Day spa	12 9.30-10.00 Individual visits rooms 10.30-11.30 Floor games/walking group 1.15-3.00 Bingo/ Scenic drive	13 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Valentine Day Celebration	14 St Valentine Day 10.15-11.15 Bocce (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Individual support
15 10.15-11.45 Table/floor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo	16 9.30-10.00 Individual visits 10.30 - 11.30 Floor Games 11.00-11.30 Exercise with Physio 1.15-3.00 Bingo	17 Shrove Tuesday Lunar New Year Year of the Horse 9.30-10.00 Individual visits 10.30-11.30 Physical games 1.15-3.00 Making pancakes	18 9.30-10.00 Individual visits 10.30-11.30 Walking group 1.15-3.00 Social Club	19 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Celebrating Carnevale (Nursing Home)	20 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Day Spa	21 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support
22 10.15-11.45 Table/floor games (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Bingo	23 9.30-10.00 Individual visits 10.30 - 11.30 Floor games 11.00-11.30 Exercise with Physio 1.15-3.00 Bingo	24 9.30-10.00 Individual visits 10.30- 11.30 Table games 1.15-3.00 Flower arranging	25 9.30-10.00 Individual visits 10.30-11.30 Moving to music 1.15-3.00 Day spa	26 9.30-10.00 Individual visits 10.30-11.30 Walking group/floor games Lunch outing 11.30-2.30 Lunch at the Kingsley Tavern (by invitation) 1.15-3.00 Bingo	27 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Happy Hour	28 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support

Casa Cabrini Level 2 Lifestyle Program –February 2026, Theme: “Olympic Fever”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Celebrating January birthdays	3 9.30-10.00 Individual visits 10.30-11.30 Balloon ball exercise 11.00-11.30 Exercise session with Physio 11.00-11.30 Prep for resident's shopping outing 1.15-3.00 Movie Matinée/ Shopping outing	4 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Craft	5 9.30-10.00 Individual visits 10.30-11.30 Floor games Outing to Wanneroo Seniors Club 1.15-3.00 Pamper plus	6 Winter Olympics 6th -22nd 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Bingo
9 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Olympic Opening Ceremony (CC Grounds)	10 Mobile Library 9.30-10.00 Individual visits 10.30-11.30 Balloon ball exercise 11.00-11.30 Exercise session with Physio 1.15-3.00 Scramble word game	11 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Dice game	12 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Pamper plus	13 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Valentine Day Celebration
16 9.30-10.00 Individual visits 10.30-11.30 Lunar New Year Craft 1.15-3.00 Bingo	17 Shrove Tuesday Lunar New Year Year of the Horse 9.30-10.00 Individual visits 10.30-11.30 Balloon ball game 11.00-11.30 Exercise session with Physio 1.15-3.00 Making pancakes	18 9.30-10.00 Individual visits 10.00-11.30 Physical activities 1.15-3.00 Scattagories	19 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.15-3.00 Carnevale Celebration (Nursing Home)	20 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.15-3.00 Bingo
23 9.30-10.00 Individual visits 10.30-11.30 Cooking 1.15-3.00 Bingo	24 9.30-10.00 Individual visits 10.30-11.30 Balloon ball game 11.00-11.30 Exercise session with Physio 1.15-3.00 Cognitive games	25 9.30-10.00 Individual visits 10.30-11.30 Physical activities 1.15-3.00 Dice game	26 9.30-10.00 Individual visits 10.30-11.30 Floor games 11.30-2.30 Lunch outing to Kingsley Tavern (invite only) 1.15-3.00 Pamper plus	27 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Happy Hour

House's Lifestyle Program – February 2026, Theme: “Olympic Fever”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.15-3.00 Celebrating January Birthdays	3 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Movie Matinée	4 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.15-3.00 Painting (Olympics)	5 9.30-10.00 Individual visits 10.30-2.30 Outing to Wanneroo Senior's Club	6 Winter Olympics 6th -22nd 9.30-10.00 Individual visits 10.30-11.30 Seated dancing 1.15-3.00 Art & Craft
9 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.15-3.00 Olympic Opening Ceremony (CC Grounds)	10 Mobile Library 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Shopping outing	11 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.15-3.00 Valentine Day Craft	12 9.30-10.00 Individual visits 10.30-11.30 Cultural Club 1.15-3.00 Bingo	13 9.30-10.00 Individual visits 10.30-11.30 Seated dancing 1.15-3.00 Valentine Day Celebration
16 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.15-3.00 Pamper Plus	17 Shrove Tuesday Lunar New Year Year of the Horse 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Making pancakes	18 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.15-3.00 Carnevale craft	19 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Carnevale Celebration (Nursing Home)	20 9.30-10.00 Individual visits 10.30-11.30 Chair Yoga 1.15-3.00 Cultural Club
23 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.15-3.00 Pamper Plus	24 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.15-3.00 Shopping outing	25 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.15-3.00 Baking biscuits	26 9.30-10.00 Individual visits 11.30-2.30 Lunch outing to Kingsley Tavern (invite only)	27 9.30-10.00 Individual visits 10.30-11.30 Chair Yoga 1.15-3.00 Happy hour

John Re Lifestyle Program – February 2026, Theme: “Olympic Fever”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 Morning Tea 10:30-11:30 Balloon games 12.00 Meal assist 12:45-1:45 Day Spa	2 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Balloon games 1.15-3.00 Celebrating January birthdays	3 9.30-10.00 Individual visits 10.00 -10.30 Morning Tea 10.45-11.45 Indoor games 1.15-3.00 Sorting by colours activity 2.30-3.00 Exercises with Physio held in Connies Wing	4 9.30-10.00 Individual visits 10.00 10.30 Morning Tea 10.45-11.45 Physical activity/outdoor activity 1.15-3.00 Home duties: Folding linen	5 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Physical activities 1.15-3.00 Reading for relaxation	6 Winter Olympics 6th - 22nd 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Seated water polo 1.15-3.00 Matching card games	7 10.00 Morning Tea 10.30-11.30 Indoor games/balloon pass 12.00 Meal assist 12:45-1:45 Sensory: Hand massage
8 10:00 Morning Tea 10:30-11:30 Balloon games 12.00 Meal assist 12:45-1:45 Day Spa	9 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Balloon games 1.15-3.00 Olympic Opening Ceremony (CC Grounds)	10 9.30-10.00 Individual visits 10.00 -10.30 Morning Tea 10.45-11.45 Indoor games 1.15-3.00 Sorting by shape activity 2.30-3.00 Exercises with Physio held in Connies Wing	11 9.30-10.00 Individual visits 10.00 10.30 Morning Tea 10.45-11.45 Physical activity/outdoor activity 1.15-3.00 Home duties: Cleaning	12 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Physical activities 1.15-3.00 Reading for relaxation / Scenic drive	13 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Seated water polo 1.15-3.00 Valentine Day Celebration	14 St Valentine's Day 10:00 Morning Tea 10:30-11:30 Hand ball 12.00 Meal assist 12:45-1:45 Floor games
15 10.00 Morning tea 10.30-11.30 Hand ball 12.00 Meal assist 12:45-1:45 Music & Dance	16 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Balloon games 1.15-3.00 Individual activities	17 Shrove Tuesday Lunar New Year Year of the Horse 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Indoor games 1.15-3.00 Making pancakes 2.30-3.00 Exercises with Physio held in Connies Wing	18 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Outdoor games 1.15-3.00 Home duties: Washing dishes	19 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Physical activities 1.15-3.00 Carnevale Celebration (Nursing Home)	20 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Ball Toss Game 1.15-3.00 Painting	21 10.00 Morning Tea 10.30-11.30 Seated soccer 12.00 Meal assist 12:45-1:45 Hand massage
22 10.00 Morning tea 10.30-11.30 12.00 Meal assist 12:45-1:45 Cognitive games	23 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Balloon games 1.15-3.00 Individual activities	24 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Indoor games 1.15-3.00 Day Spa 2.30-3.00 Exercises with Physio held in Connies Wing	25 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Physical activity/outdoor activity 1.15-3.00 Home duties: Sorting cutlery	26 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Physical activities 1.15-3.00 Reading for relaxation	27 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Ball Toss Game 1.15-3.00 Happy Hour	28 10:00 Morning Tea 10:30-11:30 Hand ball 12.00 Meal assist 12:45-1:45 Sensory: Touch

Connie's Wing Lifestyle Program – February 2026, Theme: “Olympic Fever”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory session	2 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.15-3.00 Celebrating January birthdays	3 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.15-3.00 Home duties 2.30-3.00 Exercises with Physio	4 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Balloon ball 1.15-3.00 Table games	5 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Floor games 1.15-3.00 Sensory: Sight-match photos	6 Winter Olympics 6th - 22nd 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Day spa 1.15-3.00 Reminiscing: Past Olympics	7 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
8 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory session	9 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.15-3.00 Olympic Opening Ceremony (CC Grounds)	10 Mobile Library 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.15-3.00 Home duties 2.30-3.00 Exercises with Physio	11 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Move to music 1.15-3.00 Valentine Day Craft	12 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Bowling 1.15-3.00 Sensory: Playing music instruments Scenic drive	13 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Day spa 1.15-3.00 Valentine Day Celebration	14 St Valentine's Day 9.30-10.00 Individual visits 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
15 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory	16 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.15- 3.00 Day Spa	17 Shrove Tuesday Lunar New Year Year of the Horse 9.30-10.00 Individuals 10.00 -10.30 Morning Tea 10.30-11.30 Bingo 1.15-3.00 Making pancakes 2.30-3.00 Exercises with Physio	18 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Balloon ball 1.15-3.00 Carnevale craft	19 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Floor games 1.15-3.00 Carnevale Celebration (Nursing Home)	20 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Day spa 1.15-3.00 Sip & paint	21 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
22 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory session	23 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.15-3.00 Day Spa	24 9.30-10.00 Individuals 10.00-10.30 Morning tea 10.30-11.30 Bingo 1.15-3.00 Home duties 2.30-3.00 Exercises with Physio	25 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Move to music 1.15-3.00 Cognitive games (puzzles)	26 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Bowling 1.15-3.00 Tactile sensory session	27 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Day spa 1.15-3.00 Happy Hour	28 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support