

Nursing Home Lifestyle Program – December 2025, Theme: “Christmas”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.30-3.00 Celebrating November Birthdays	2 9.00 Church 9.30 -10.15 Individual visits 10.30-11.30 Christmas craft 1.30-3.00 Bingo	3 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.30-3.00 Beth’s Beauty Salon	4 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Reminiscing: Christmas Carols 1.30-3.00 Home duties	5 International Volunteer Day 9.00 Church 11.00-2.30 Resident’s Christmas Party	6 9.00 Church 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
7 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	8 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.30-2.15 School Choir performing	9 9.00 Church 9.30 -10.15 Individual visits 10.30-11.30 Christmas craft 1.30-3.00 Bingo	10 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.30-3.00 Beth’s Beauty Salon	11 9.00 Church 9.30-10.15 Individual visits 11.00 Lunch at “The Duke” (by invite) 10.30-11.30 Reminiscing: Christmas traditions 1.30-3.00 Home duties	12 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Sensory: 1.30-3.00 Christmas quiz	13 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
14 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	15 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.30-3.00 Movie/craft 6.30-8.30 Nightlight Drive	16 Mobile Library 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Christmas craft 1.30-3.00 Bingo	17 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.30-3.00 Beth’s Beauty Salon	18 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Reminiscing: Christmas food 1.30-3.00 Home duties: Scenic drive	19 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Sensory: Taste 1.30-2.30 Christmas Carols performed by “Space2Sing”	20 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
21 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	22 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Concert by “Memory Lane” 1.30-3.00 Movie/craft	23 9.00 Church 9.30- 10.15 Individual visits 10.30-11.30 Group games 1.30-3.00 Bingo	24 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.30-3:00 Christmas Eve Celebration	25 Christmas Day Public Holiday	26 Boxing Day Public Holiday	27 10.15-11.30 Group games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo
28 10.15-11.30 Indoor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual Visits	29 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Matching games 1.30-3.00 Movie/craft	30 9.00 Church 9.30 -10.15 Individual visits 10.30-11.30 Group games 1.30-3.00 Bingo	31 New Year’s Eve 9.00 Church 9.30-10.15 Individual visits 10.30-11.30 Physical games 11.30-12.00 Physio Session 1.30-3:00 New Year’s Eve Party			

Casa Cabrini Ground Floor Lifestyle Program – December 2025, Theme: “Christmas”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.30-3.00 Celebrating November birthdays	2 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.30-3.00 Baking biscuits Shopping outing	3 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Physical activity session 1.30-3.00 Christmas traditions around the world	4 9.00 Church 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Basketball game 10.30-3.00 Outing to Wanneroo Club 1.30-3.00 Day Spa/pamper session	5 Volunteer Day 9.00 Church 11.00-2.30 Resident’s Christmas Party
8 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.30-2.15 School Choir performing (NH)	9 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Ball games 1.30-3.00 Christmas craft	10 9.00 Church 9.30-10.00 Individual visits 10.30 -11.30 Physical activity session 1.30-3.00 Bocce	11 9.00 Church 9.30-10.00 Individual visits 11.00-11.30 Physio session 11.00 Lunch at “The Duke” (by invite) 10.30-11.30 Balloon ball games 1.30-3.00 Christmas quiz	12 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 1.30-3.00 Bingo
15 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Floor Games 1.30-3.00 Bingo 6.30-8.30 Nightlight Drive	16 Mobile Library 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.30-3.00 Shopping/Cooking	17 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Physical activity session 1.30-3.00 Christmas questions & answers	18 9.00 Church 9.30-10.00 Individual visits 11.00-11.30 Physio session 10.30-11.30 Bean Bag Toss 1.30-3.00 Day Spa/pamper session	19 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Floor games/social group 1.30-3.00 Christmas Carols: “Space2Sing” Concert.
22 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Concert by “Memory Lane” (NH) 1.30-3.00 Bingo	23 9.00 Church 9.30-10.00 Individual visits 10.30- 11.30 Floor games 1.30-3.00 Craft: Christmas door decorations	24 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Physical activity session 1.30-3.00 Christmas Eve Celebration	25 Christmas Day Public Holiday	26 Boxing Day Public Holiday
29 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.30-3.00 Bingo	30 9.00 Church 9.30-10.00 Individual visits 10.30- 11.30 Floor games 1.30-3.00 Bocce Shopping outing	31 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Physical activity session 1.30-3.00 New Year’s Eve Party		

Casa Cabrini Level 1 Lifestyle Program – December 2025, Theme: “Christmas”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9.00 Church 9.30-10.00 Individual visits 10.30 - 11.30 Bingo 11.00-11.30 Exercise with Physio 1.30-3.00 November Birthday Celebration	2 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Physical games 1.30-3.00 Beth’s Beauty Salon/ Shopping	3 9.00 Church 9.30-10.00 Individual visits 10.30 - 11.30 Decorating for Christmas 1.30-3.00 Day Spa	4 9.00 Church 9.30-10.00 Individual visits rooms 10.30-11.30 Walking group/bowling 1.30-3.00 Bingo	5 Volunteer Day 9.00 Church 11.00-2.30 Resident’s Christmas Party	6 9.00.00 Church 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support
7 9.00 Church 10.30 -11.30 Table/floor games (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Bingo	8 9.00 Church 9.30-10.00 Individual visits 10.30 - 11.30 Bingo 11.00-11.30 Exercise with Physio 1.30-2.15 School Choir (NH)	9 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Table games 1.30-3.00 Beth’s Beauty Salon	10 9.00 Church 9.30-10.00 Individual visits 10.30 - 11.30 Taste Day 1.30-3.00 Social Club	11 9.00 Church 9.30-10.00 Individual visits rooms 10.30-11.30 Walking group/bowling 1.30-3.00 Bingo	12 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.30-3.00 Day Spa	13 9.00.00 Church 10.15-11.15 Bocce (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Individual support
14 9.00 Church 10.15-11.45 Table/floor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo	15 9.00 Church 9.30-10.00 Individual visits 10.30 - 11.30 Floor Games 11.00-11.30 Exercise with Physio 1.30-3.00 Christmas Choir 6.30-9.00 Nightlight Drive	16 Mobile Library 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Physical games 1.30-3.00 Beth’s Beauty Salon / Shopping	17 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Christmas Craft 1.30-3.00 Movie matinée	18 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Walking group/floor games 1.30-3.00 Bingo/ Scenic Drive	19 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.30-2.30 Carols by “Space2Sing” (NH)	20 9.00 Church 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support
21 9.00 Church 10.15-11.45 Table/floor games (Activity Rm) 12.00-12.45 Meal assist 12.45-1.45 Bingo	22 9.00 Church 9.30-10.00 Individual visits 10.30 - 11.30 Concert by “Memory Lane” (NH) 11.00-11.30 Exercise with Physio 1.30-3.00 Bingo	23 9.00 Church 9.30-10.00 Individual visits 10.30- 11.30 Table games 1.30-3.00 Beth’s Beauty Salon	24 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Christmas bingo 1.30-3.00 Christmas Eve Celebration	25 Christmas Day Public Holiday	26 Boxing Day Public Holiday	27 9.00.00 Church 10.15-11.45 Bocce (Activity Rm) 12.00 Meal assist 12.45-1.45 Individual support
28 9.00 Church 10.15-11.45 Table/floor games (Activity Rm) 12.00 Meal assist 12.45-1.45 Bingo	29 9.00 Church 9.30-10.00 Individual visits 10.30- 11.30 Floor games 11.00-11.30 Exercise with Physio 1.30-3.00 Bingo	30 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Physical games 1.30-3.00 Balloon Ball/ Shopping outing	31 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Garden walk 1.30-3.00 New Year’s Eve party			

Casa Cabrini Level 2 Lifestyle Program –December 2025, Theme: “Christmas”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.30-3.00 Celebrating November birthdays	2 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Balloon ball game 11.00-11.30 Exercise session with Physio 1.30-3.00 Shopping outing	3 9.30 Church 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.30-3.00 Christmas craft	4 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Floor games Outing to Wanneroo Senior's Club 1.30-3.00 Painting	5 International Volunteer Day 9.00 Church 11.00-2.30 Resident's Christmas Party (In Nursing Home)
8 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.30-2.15 School Choir performing (NH)	9 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Balloon ball game 11.00-11.30 Exercise session with Physio 1.30-3.00 Cognitive games	10 9.30 Church 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.30-3.00 Christmas quiz	11 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Floor games 11.00 Lunch at “The Duke” (by invite) 1.30-3.00 Baking banana bread	12 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bocce 1.30-3.00 Bingo
15 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Walking group 1.30-3.00 Bingo 6.30-9.00 Nightlight Drive	16 Mobile Library 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Balloon ball game 11.00-11.30 Exercise session with Physio 1.30-3.00 Christmas movie Shopping	17 9.00 Church 9.30-10.00 Individual visits 10.00-11.30 Physical activities 1.30-3.00 Craft for New Year	18 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Floor games 1.30-3.00 Pamper session	19 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.30-2.30 Carols by “Space2Sing” (NH)
22 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Concert by “Memory Lane” (NH) 1.30-3.00 Bingo	23 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 11.00-11.30 Exercise session with Physio 1.30-3.00 Quiz time	24 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Physical activities 1.30-3.00 Christmas Eve Celebration	25 Christmas Day Public Holiday	26 Boxing Day Public Holiday
29 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Craft for New Year Day 1.30-3.00 Bingo	30 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 11.00-11.30 Exercise session with Physio 1.30-3.00 Movie matinée Shopping outing	31 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Physical activities 1.30-3.00 New Year's Eve Party		

House's Lifestyle Program – December 2025, Theme: “Christmas”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.30-3.00 Celebrating November Birthday	2 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.30-3.00 Christmas craft	3 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.30-3.00 Bocce	4 9.00 Church 9.30-10.00 Individual visits 10.30-2.30 Outing to Wanneroo Senior's Club	5 <i>International Volunteer Day</i> 9.00 Church 11.00-2.30 Resident's Christmas Party (In Day Therapy Room)
8 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.30-2.15 School Choir performing (NH)	9 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.30-3.00 Piano playing by Lucy	10 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.30-3.00 Christmas craft	11 9.00 Church 9.30-10.00 Individual visits 10.30-2.30 Lunch at “The Duke” (by invite)	12 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Seated dancing 1.30-3.00 Christmas movie matinée
15 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.30-3.00 Pamper Plus 6.30-9.00 Nightlight Drive	16 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Balloon volley ball 1.30-3.00 Bingo	17 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.30-3.00 Christmas craft- door hangers	18 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Craft: Making Snowman	19 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Chair Yoga 1.30-2.30 Carols by “Space2Sing” (NH)
22 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Concert by “Memory Lane” (NH) 1.30-3.00 Pamper Plus	23 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.00-3.30 Shopping outing	24 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.30-3.00 Christmas Eve Celebration	25 Christmas Day Public Holiday	26 Boxing Day Public Holiday
29 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Music Social Club 1.30-3.00 Pamper Plus	30 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Bingo 1.00-3.30 Craft for New Year	31 9.00 Church 9.30-10.00 Individual visits 10.30-11.30 Falls Prevention Physio 10.30-11.30 Individuals 1.30-3.00 New Year's Eve celebration		

John Re Lifestyle Program – December 2025, Theme: “Christmas”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Balloon games 1.30-3.00 Celebrating November birthdays	2 9.30-10.00 Individual visits 10.00 -10.30 Morning Tea 10.45-11.45 Physical games 1.30-3.00 Day Spa 2.30-3.00 Exercises with Physio held in Connies Wing	3 9.30-10.00 Individual visits 10.00 10.30 Morning Tea 10.45-11.45 Physical activity/outdoor activity 1.30-3.00 Home duties: Folding linen	4 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Physical activities 1.30-3.00 Reading for relaxation	5 International Volunteer Day 11.00-2.30 Resident's Christmas Party	6 10.00 Morning Tea 10.30-11.30 Indoor games/balloon pass 12.00 Meal assist 12:45-1:45 Sensory: Hand massage
7 10:00 Morning Tea 10:30-11:30 Balloon games 12.00 Meal assist 12:45-1:45 Day Spa	8 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Balloon games 1.30-2.15 School Choir performing (NH)	9 9.30-10.00 Individual visits 10.00 -10.30 Morning Tea 10.45-11.45 Physical games 1.30-3.00 Day Spa 2.30-3.00 Exercises with Physio held in Connies Wing	10 9.30-10.00 Individual visits 10.00 10.30 Morning Tea 10.45-11.45 Physical activity/outdoor activity 1.30-3.00 Home duties: Washing dishes	11 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Physical activities 1.30-3.00 Reading for relaxation	12 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Seated water polo 1.30-3.00 Individual activities	13 10:00 Morning Tea 10:30-11:30 Hand ball 12.00 Meal assist 12:45-1:45 Floor games
14 10.00 Morning tea 10.30-11.30 Hand ball 12.00 Meal assist 12:45-1:45 Cognitive games	15 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Balloon games 1.30-3.00 Individual activities 6.30-9.00 Nightlight Drive	16 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 indoor games 1.30-3.00 Day Spa 2.30-3.00 Exercises with Physio held in Connies Wing	17 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Outdoor games 1.30-3.00 Home duties: Make the bed	18 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Physical activities 1.30-3.00 Reading for relaxation/ Scenic Drive	19 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Ball Toss Game 1.30-2.30 Carols by “Space2Sing” (NH)	20 10.00 Morning Tea 10.30-11.30 Seated soccer 12.00 Meal assist 12:45-1:45 Hand massage
21 10.00 Morning tea 10.30-11.30 12.00 Meal assist 12:45-1:45 Cognitive games	22 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Concert by “Memory Lane” (NH) 1.30-3.00 Individual activities	23 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Indoor games 1.30-3.00 Day Spa 2.30-3.00 Exercises with Physio held in Connies Wing	24 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Physical activity/outdoor activity 1.30-3.00 Christmas Eve Celebration	25 Christmas Day Public Holiday	26 Boxing Day Public Holiday	27 10:00 Morning Tea 10:30-11:30 Hand ball 12.00 Meal assist 12:45-1:45 Sensory: Touch
28 10.00- Morning tea 10.30-11.30 Physical games 12.00 Meal assist 12:45-1:45 Reminiscing	29 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Balloon games 1.30-3.00 Individual activities	30 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.45-11.45 Indoor games 1.30-3.00 Day Spa 2.30-3.00 Exercises with Physio held in Connies Wing	31 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.45-11.45 Physical activities/outdoor activity 1.30-3.00 New Year's Eve Celebration			

Connie's Wing Lifestyle Program – December 2025, Theme: “Christmas”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9.30-10.00 Individuals 10.00-11.30 Morning Tea 10.30-11.30 Bingo 1.30-3.00 Day Spa	2 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 1.30-3.00 Home duties 2.30-3.00 Exercises with Physio	3 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Balloon ball 1.30-3.00 Table games	4 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Floor games 1.30-3.00 Sensory: Rock & Roll music	5 <i>International Volunteer Day</i> 11.00-2.30 Residents Christmas Party	6 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
7 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory session	8 9.30-10.00 Individuals 10.00-11.30 Morning Tea 10.30-11.30 Bingo 1.30-2.15 School Choir performing (NH)	9 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 1.30-3.00 Home duties 2.30-3.00 Exercises with Physio	10 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Balloon ball 1.30-3.00 Cognitive games	11 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Floor games 1.30-3.00 Sensory: Touch-textiles	12 9.30-10.00 Individual visits 10.00-10.30 Morning Tea 10.30-11.30 Day spa 1.30-3.00 Cultural music	13 9.30-10.00 Individual visits 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
14 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory	15 9.30-10.00 Individuals 10.00-11.30 Morning Tea 10.30-11.30 Bingo 1.30 3.00 Day Spa 6.30-9.00 Nightlight Drive	16 9.30-10.00 Individuals 10.00 -10.30 Morning Tea 10.30-11.30 Bingo 1.30-3.00 Home duties 2.30-3.00 Exercises with Physio	17 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Move to music 1.30-3.00 Reminiscing ‘life stories’	18 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Bowling 1.30-3.00 Sensory: Sight-family photos Scenic Drive	19 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Day spa 1.30-2.30 Carols by “Space2Sing” (NH)	20 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
21 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory session	22 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Concert by “Memory Lane” (NH) 1.30-3.00 Day Spa	23 9.30-10.00 Individuals 10.00-10.30 Morning tea 10.30-11.30 Bingo 1.30-3.00 Home duties 2.30-3.00 Exercises with Physio	24 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Balloon ball game 1.30-3.00 Christmas Eve Celebration	25 Christmas Day Public Holiday	26 Boxing Day Public Holiday	27 10.00 Morning tea 10.30-11.30 Ball games 12.00 Meal assist 12.45-1.45 Individual support
28 10.00 Morning tea 10.30-11.30 Therapy Balloon exercises 12.00 Meal assist 12.45-1.45 Sensory session	29 9.30-10.00 Individuals 10.00-10.30 Morning Tea 10.30-11.30 Bingo 1.30-3.00 Day Spa	30 9.30-10.00 Individuals 10.00-10.30 morning tea 10.30-11.30 Bingo 1.30-3.00 Home duties 2.30-3.00 Exercises with Physio	31 9.30-10.00 Individual visits 10.00-10.30 Morning tea 10.30-11.30 Moving to music 1.30-3.00 New Year’s Eve Celebration			

